

# The Canadian Native Friendship Centre

## February 2022



### *Snow Moon/Maskwa Moon*

The second moon of Creation is Bear Moon, when we honor the vision quest that begins in the fall. During this time, we discover how to see beyond reality and to communicate through energy rather than sound.



### Bravery/Courage Maskwa Teaching

The teaching of bravery is taught to us by the bear. Bears are known to confront threats they should be fearful of, especially female bears who will protect their cubs against larger bears and other dangers. The bear also reminds us to be playful and to rest when needed.

It is in the balance of these teachings that we are taught when to be courageous.



### Monthly Cree Words

#### **Maskwa-pîsim**

February

#### **Mitêhi-Kîsikâw**

Valentine's Day

#### **Mitêh**

Heart

#### **Wâhkôhtowin**

Relationship

#### **Nîso**

Two

#### **Sôhkitêhêwin**

Courage

#### **Maskwa**

Bear

#### **Sôkisiwin**

Strength

#### **Pipon**

Winter

### Meet Some Staff! Stoney Language Teacher

#### **Lyndon Aginas**

To assist in the revitalization, recovery and maintenance of indigenous languages.

I am from the Alexis Stoney Nation and I have Worked for corrections Canada, the ministry of environment, member of council for my nation and former casino president

I like traveling, hunting, gathering pharmaceutical plants and attending spiritual ceremonies

I present and engage on indigenous culture and history to many institutions, governments and industry.



# What's Happening Around the Centre



## Youth Zoom Hangouts



Welcome to Youth Zoom Hangouts! Since we cannot host weekly youth nights here at the Centre, we will be doing them online! There are four age groups (see below).

We will have some activities planned, some goodie bags and some fun to be had!

Starting December 21, 2021

Tuesdays at 6-7 p.m. for Wāpos (Rabbit) Ages 7-12

Tuesdays at 7-8 p.m. for Apisimosos (Deer) Ages 13-17

Thursdays at 5-6 p.m. for Pisimoyāpiy (Rainbow) 2Spirit Support

Thursdays at 8-9 p.m. for Muskwa (Bear) Ages 18-29

On Zoom! Link provided after registration

To register please email - [cnfcyouth@cnfc.ca](mailto:cnfcyouth@cnfc.ca)

[Jordan Koski - Youth Coordinator]



# epl.ca

### Virtual Indigenous Language Classes

in partnership with Edmonton Public Library

Whether you want to reconnect to your ancestral language or learn a language from the territory, this is the class for you. These classes are offered in partnership with the Canadian Native Friendship Centre and is suitable for beginners and those with previous language knowledge. These are a free registered, online class where you will also connect with community members and make new friends through shared passion for language revitalization. To receive a link and passcode to the online class via, please register with your name and email address and instructions will be sent to you on the day of the session.

#### Nehiyawewin Language Classes

Facilitated by Leslie Skinner

Running Tuesdays and Wednesdays 6:00pm-8:00pm.

#### Stoney Nakota Language Classes

Facilitated by Lyndon Aginas

Running Thursdays 6:00pm-8:00pm

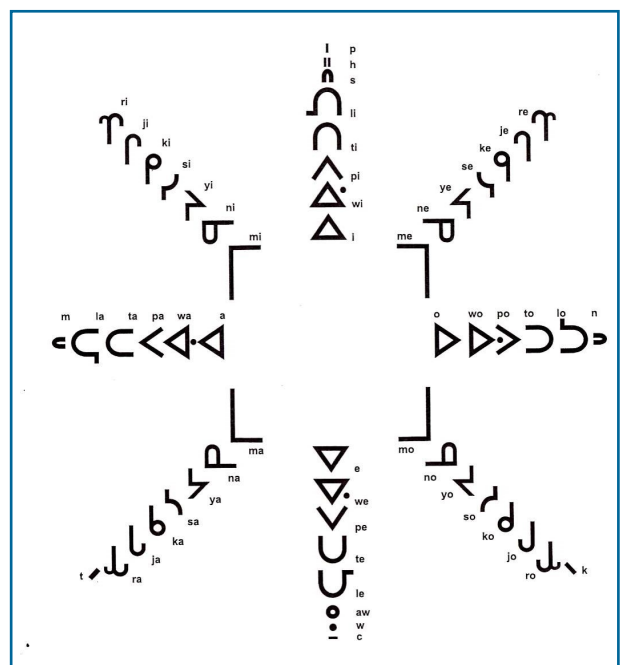
Please visit [epl.ca](http://epl.ca) or [cnfc.ca](http://cnfc.ca) for more information.

## BUILDING A GRADUATION NATION **Pathways** to Education

Pathways to Education Canada is a charitable organization that collaborates with community-based organizations across Canada to help youth in low-income communities graduate from high school and successfully transition into college and university. The program addresses systemic barriers to education by providing leadership, expertise, and a community-based program proven to increase graduation rates.

Pathways to Education Edmonton works with the Canadian Native Friendship Centre to deliver the program in Edmonton school systems, providing after-school tutoring, mentoring and financial assistance to address the barriers that can stand in the way of education. Each student benefits from a personal relationship with their Student/Parent Support Worker - part counsellor, advocate, confidante, social worker, and mediator - who motivates and guides students and their families, brings insight that can't be found on report cards, and holds students accountable to the contract they sign in order to participate in the program.

The Canadian Native Friendship Centre has created many community partnerships from the Province of Alberta, Edmonton Public School Division, Edmonton Catholic School District, Pathways to Education Canada, City of Edmonton and many other community partners. Therefore, our Pathways to Education program benefits immensely from the numerous resources provided by the organization. The Pathways to Education Edmonton focuses on providing afterschool supports and resources for Indigenous students grade 9 to 12 students, however we are open to all. Our program has embraced the national model and is heavily based on the Medicine Wheel model with Cultural Teachings and ways of being integrated into our daily programming.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>OFFICE HOURS:</b> Monday—Friday 8:30 AM—12:00 PM 1:00 PM—4:00 PM Closed: Saturday & Sunday		1 (Virtual) - Cree Class - Youth Hangouts	2 (Virtual) - Cree Class	3 (Virtual) - Stoney Class - Youth Hangouts	4	5
6	7	8 (Virtual) - Cree Class - Youth Hangouts	9 (Virtual) - Cree Class	10 (Virtual) - Stoney Class - Youth Hangouts	11	12
13	14 <b>Valentines Day</b>	15 (Virtual) - Cree Class - Youth Hangouts <b>Bingo</b>	16 (Virtual) - Cree Class	17 (Virtual) - Stoney Class - Youth Hangouts	18	19
20	21 <b>Family Day</b>	22 (Virtual) - Cree Class - Youth Hangouts	23 (Virtual) - Cree Class	24 (Virtual) - Stoney Class - Youth Hangouts	25	26
27	28					

**The Canadian Native Friendship Centre**

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*Classes Coming Soon...*

*> Beading > Sewing > Drumming > Cooking*

*Keep an eye out for updates*